

## **Pandemic Guidelines – Utah Mountain Adventures**

Utah Mountain Adventures is taking a proactive approach to guiding and instruction during the Coronavirus Pandemic. Our goal is to mitigate the spread of COVID-19 for our guests, guides and the community. UMA will continue to follow directives of Salt Lake County and best COVID-19 practices recommended by the CDC and the outfitting and guiding industry. We must operate differently than in the past, yet, by no means is the UMA guest experience being compromised.

Avalanche course field sessions, ski tours, ice, rock and alpine climbing will proceed essentially as normal, except that guests and guides will practice social distancing whenever possible and wear a face covering when it's not.

However, instead of in-person, indoor instruction for our avalanche classes, UMA will be using Zoom Lectures. We believe students learn best when they can interact with instructors. Virtual meetings and socially-distanced field sessions allow for this. UMA already employed this model during two well-received Avalanche Level 1 courses in the Covid Spring of 2020.

### **Screening**

- Guests and guides should not participate in a Utah Mountain Adventures outing if they think they may have been exposed to COVID-19 within the last 14 days, or if they are experiencing fever, cough, shortness of breath, difficulty in breathing, chills, new loss of smell or taste, sore throat, or muscle pains (unrelated to over-activity).

### **Protocols**

- Have and anticipate wearing a mask
- Do not shake hands
- Maintain 6-foot social distancing whenever possible. If not, wear a mask
- Do not carpool, unless necessary. If you must carpool, wear a mask
- Carry hand sanitizer and use it frequently
- Do not share food or drink
- Keep hands and gloves away from eyes, nose and mouth
- Use your own gear if possible
- UMA's rental gear will be disinfected after each use
- Within 14 days of a UMA outing, if any guest or guide develops Covid-19 symptoms; is diagnosed with the virus; or learns that someone they've been in close contact with has tested positive, that person must inform UMA ASAP. The guide service will then notify all individuals known to have been in contact with the affected guide or guest