



### **AVALANCHE COURSES SUGGESTED EQUIPMENT LIST:**

- Non-cotton top and bottom base layer
- Puffy overcoat, and/or other insulation layer (fleece, synthetic or down)
- Waterproof/windproof outer shell jacket and pants (or bibs)
- Wool (and liner) socks
- Waterproof snow gloves or mittens
- Lightweight gloves for uphill travel
- Warm hat and baseball cap
- Helmet (recommended)
- **Sunglasses** and goggles
- Sunscreen
- 1 or 2 liters of water (water bladders not recommended for cold days)
- Sack lunch and snacks
- Ski or snowboard boots
- Alpine touring or telemark skis, split-snowboard or snowboard with snowshoes
- Ski Poles with powder baskets\*
- Skins if using skis or split-snowboard
- Clinometer, snow saw (optional)
- Beacon \*
- Shovel \*
- Probe \*
- Backpack \*

\* UMA will provide you, at no cost, a beacon, a shovel, a probe, poles and/or a backpack if you don't have these.

### **UTAH MOUNTAIN ADVENTURES RENTALS:**

- Alpine touring skis and skins: \$40 plus tax
- Split-snowboard, skins and poles: \$45 plus tax
- Skins only: \$10 plus tax
- Snowshoes and poles: \$15 plus tax

### ***UTAH MOUNTAIN ADVENTURES DOES NOT RENT BOOTS***

UMA guides can deliver and adjust this gear for you

### **RENTAL SHOPS:**

**Alta Peruvian Lodge** Rental Shop in Alta - (801) 742-3333

**Alta Sports in Alta** - (801) 742-3500

**Black Diamond Retail:** 2070 E. 3900 South, Salt Lake City - (801) 278-0233

**Outdoor Recreation Center** at the University of Utah - (801) 581-8516

**REI:** 3285 East 3300 South, Salt Lake City - (801) 486-2100

**Wasatch Touring:** 702 E 100 S, Salt Lake City - (801) 359-9361

**White Pine Touring** in Park City: (435) 649-8710